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Development of a Black Fly Repellent Testing Protocol

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Road Map

- Brief over-view of attraction cues
- Repellent selection
- Black Fly Repellent Testing System
- Development cycle + data



Host Attraction Cues

- Seven major influences on host location, four used in this study ⁽¹⁾
- Visual: Tall, dark objects are common attractants. Silhouettes of host influence attraction, as do color/shape/size. Visual cues are more important as flies approach host while chemical cues are more useful further away. ^(2, 3)
- Thermal: Temperature of host skin. Higher differentials in air vs membrane temperatures increased biting rates in lab (differential $\geq 14^{\circ}\text{C}$). ⁽⁴⁾
- Chemical: Breath - primarily CO₂. Other breath and body odors add significant attraction but are not fully understood (acetone/octenol in breath, compounds in sweat). Due to differences in CO₂ exhalation, certain individuals are more attractive than others. ⁽⁵⁾

Host Attraction Cues Utilized in Study

- Visual: Limit light in study. Only visible light in study is through the membrane (positive phototaxis).
- Thermal: Warm circulating water.
- Gustatory and olfaction: Sucrose through membrane, after piercing of membrane

Repellent Selection for Testing

- DEET: Most common OTC insect repellent, works on most biting taxa including mosquitoes, ticks, black flies, fleas, gnats.
- IR3535: Synthetically derived active ingredient similar to β -alanine. Effective on mosquitoes, ticks, midges, headlice.
- Oil of Lemon Eucalyptus (PMD): A naturally derived chemical (p-Menthane-3, 8-diol) from plant of the same name. Effective against mosquitoes, ticks and reportedly against black flies.
- P-menthane-diol (PMD): Synthetically created active chemical in OLE
- Picaridin: Synthetically created, derived from black pepper plants. Forms a vapor barrier between skin and air, reducing the arthropods' ability to sense their target. Works against mosquitoes, ticks, chiggers.

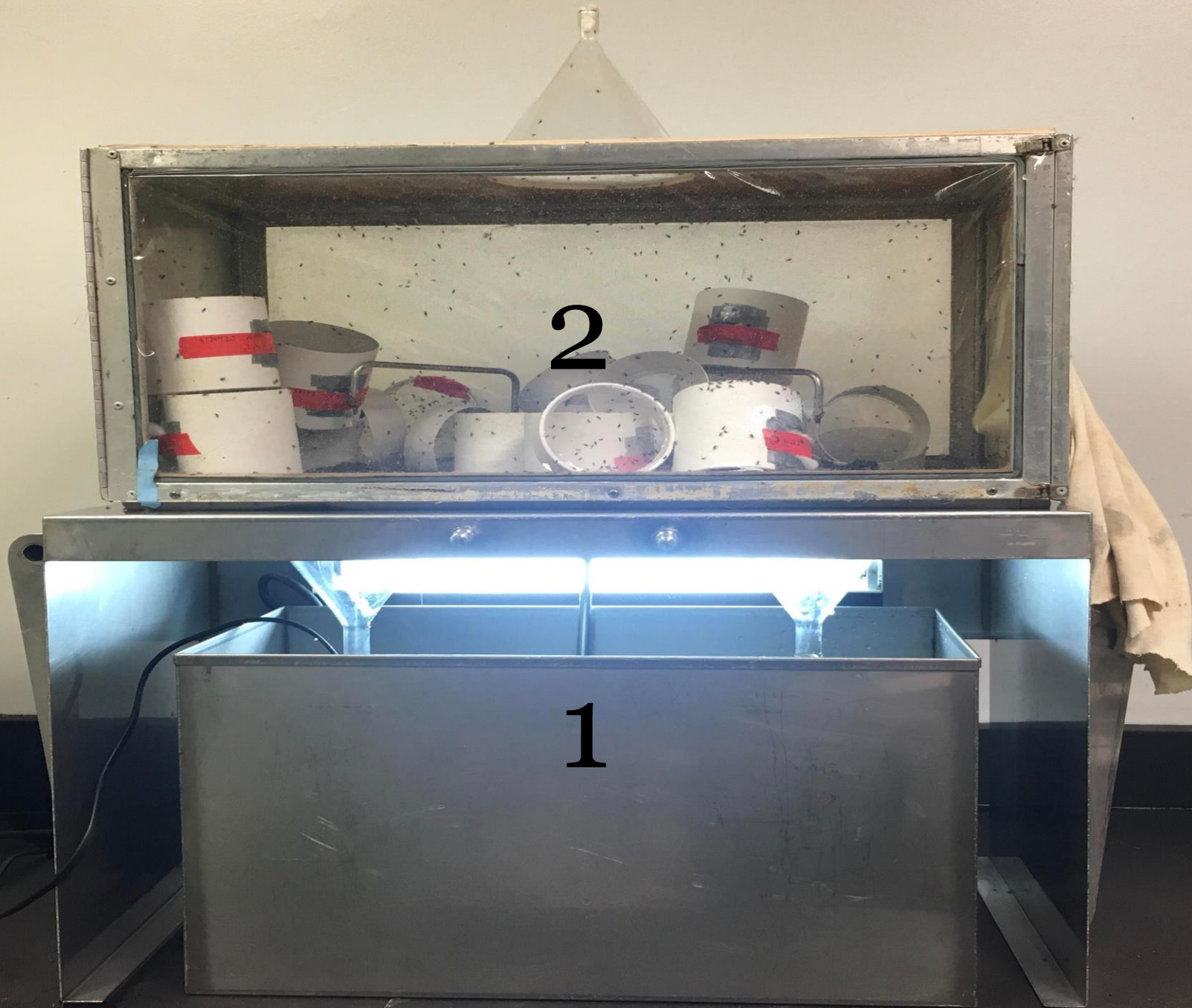
The Black Fly Repellent Testing System

- Autogenous species
- Utilize post-oviposition females

- Water jacketed membranes – widely used
- Design based on Bernardo and Cupp (1986) ⁽¹¹⁾
- Application of repellent

- Observation of feeding rates
- Data

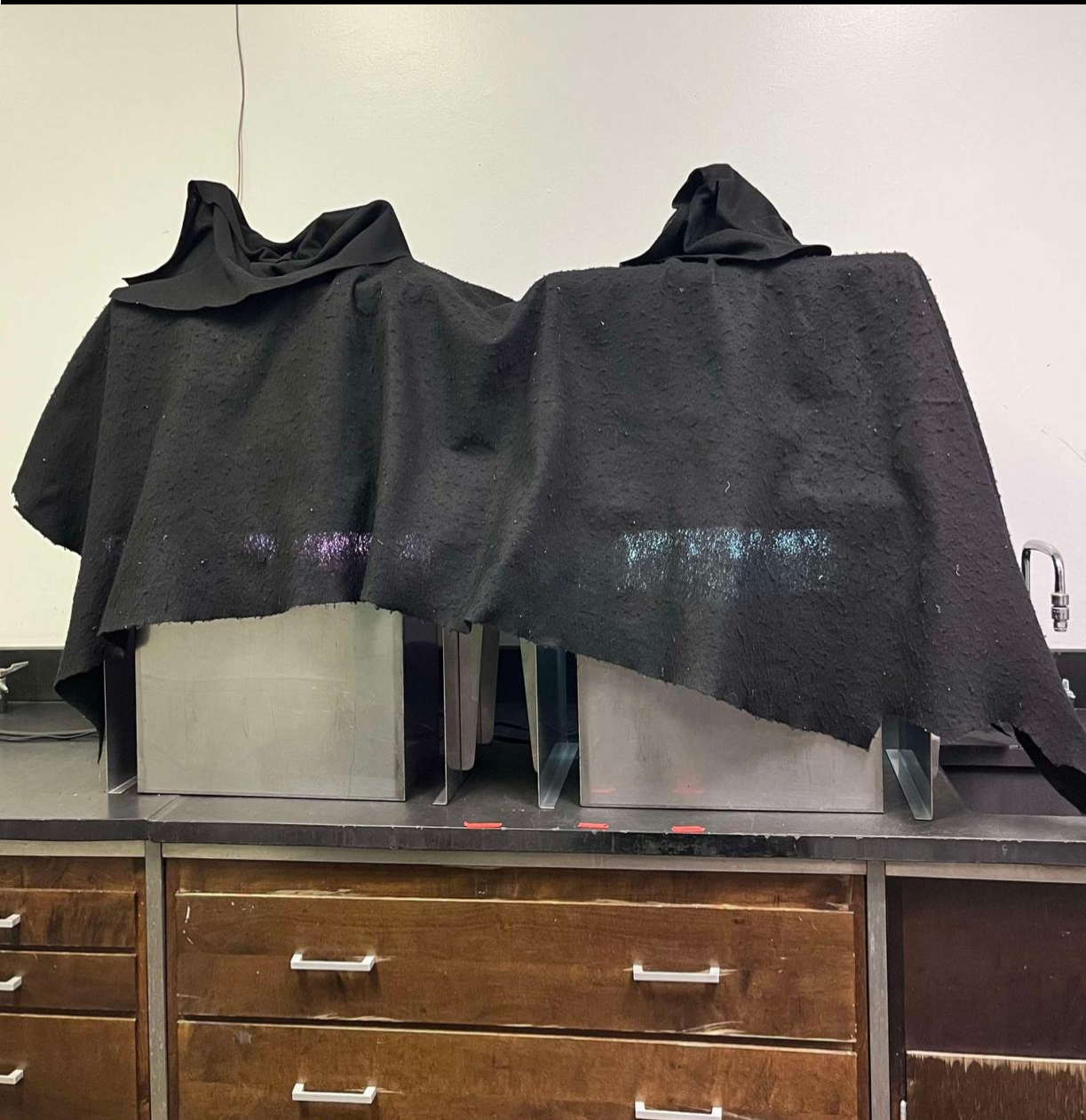
Oviposition Chamber



1: Reservoir to maintain flow onto egg sheets (close-up next slide). Light underneath.

2: Holding chamber for flies, egg sheets

Shrouded Oviposition



Close up of Egg Sheet

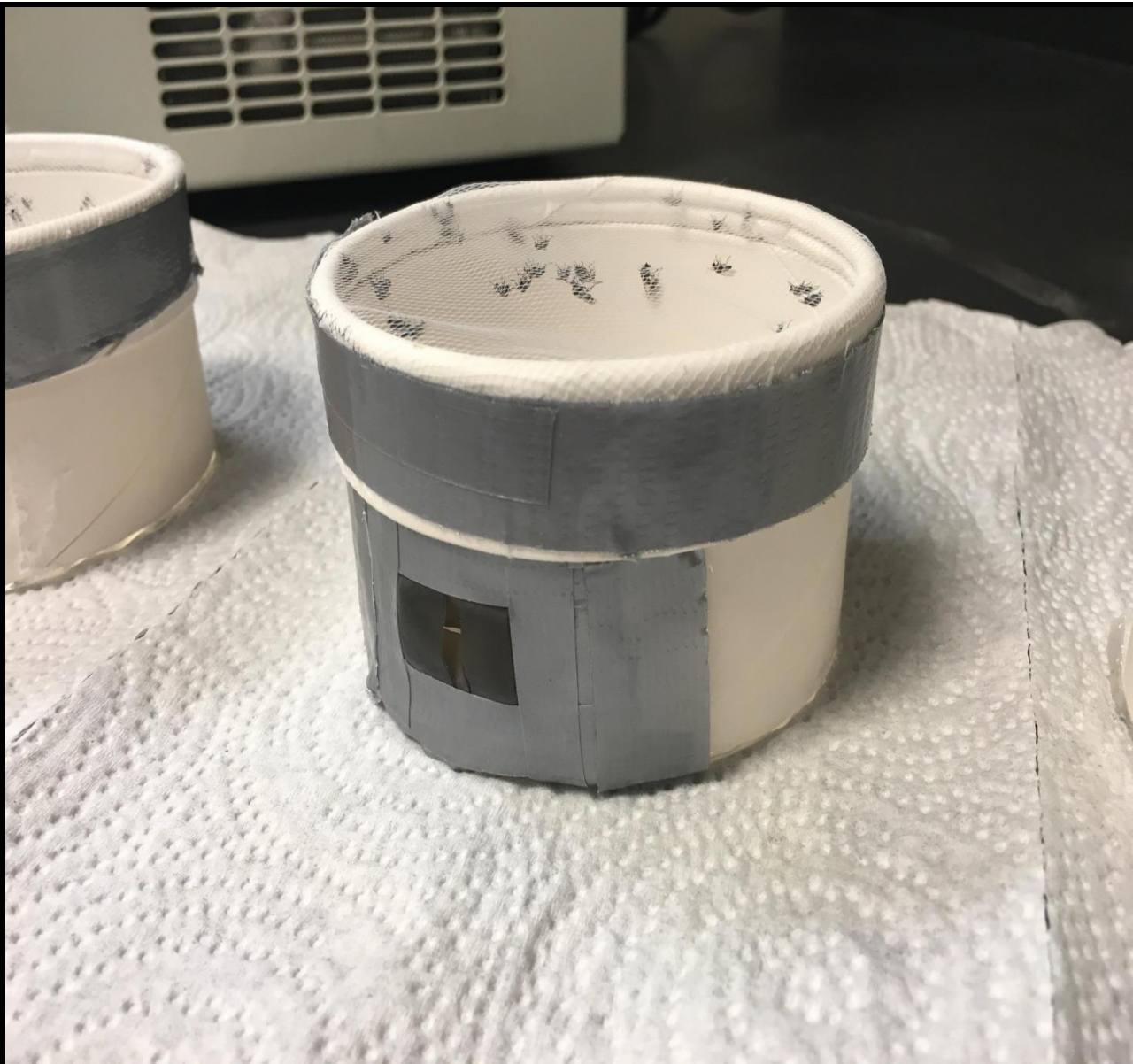


Male vs Female Visual Aspiration



©JenaJohnson

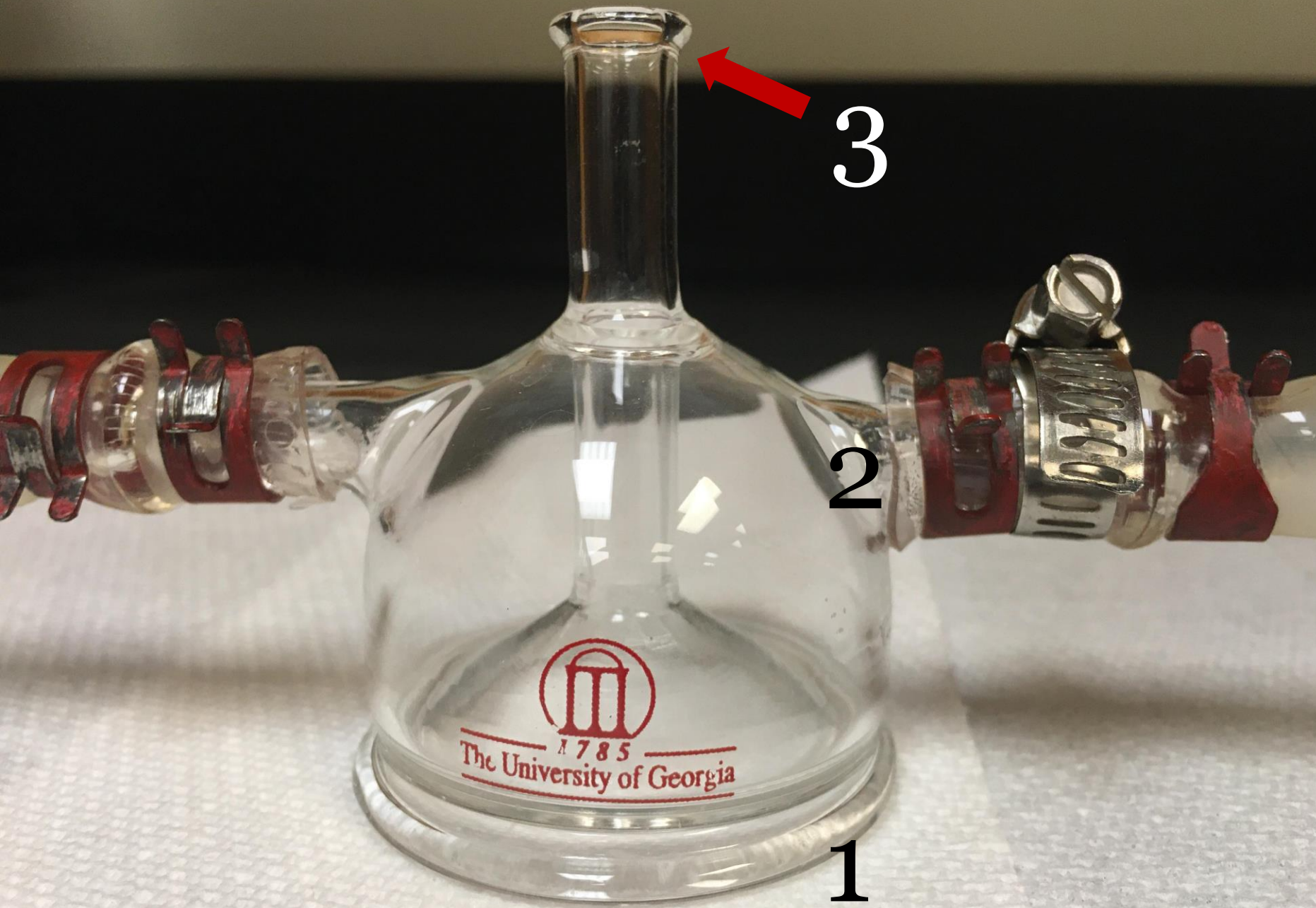
Example of Flies in Cup





Water Jacketed Membrane System

1. Membrane attachment site/fly bite site
2. Connection to water bath and other bells
3. Sucrose input site



Bell with Membrane Top



Bell with Membrane Bottom

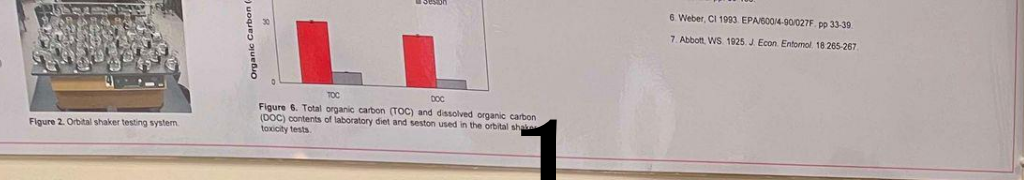


Retrieval of Repellent in Fume Hood



Application of Repellent to Membranes





1



Repellent Test System

1. Four bells; membranes dosed, shrouded, 40 flies in cup below
2. Circulating water bath (37° C)

Assessment of Repellency

- Flies observed through clear bottom of cup

- Number of flies biting counted 5 minutes post-exposure

- Test conducted once every two hours, up to 12



Development I: Dosage Variation

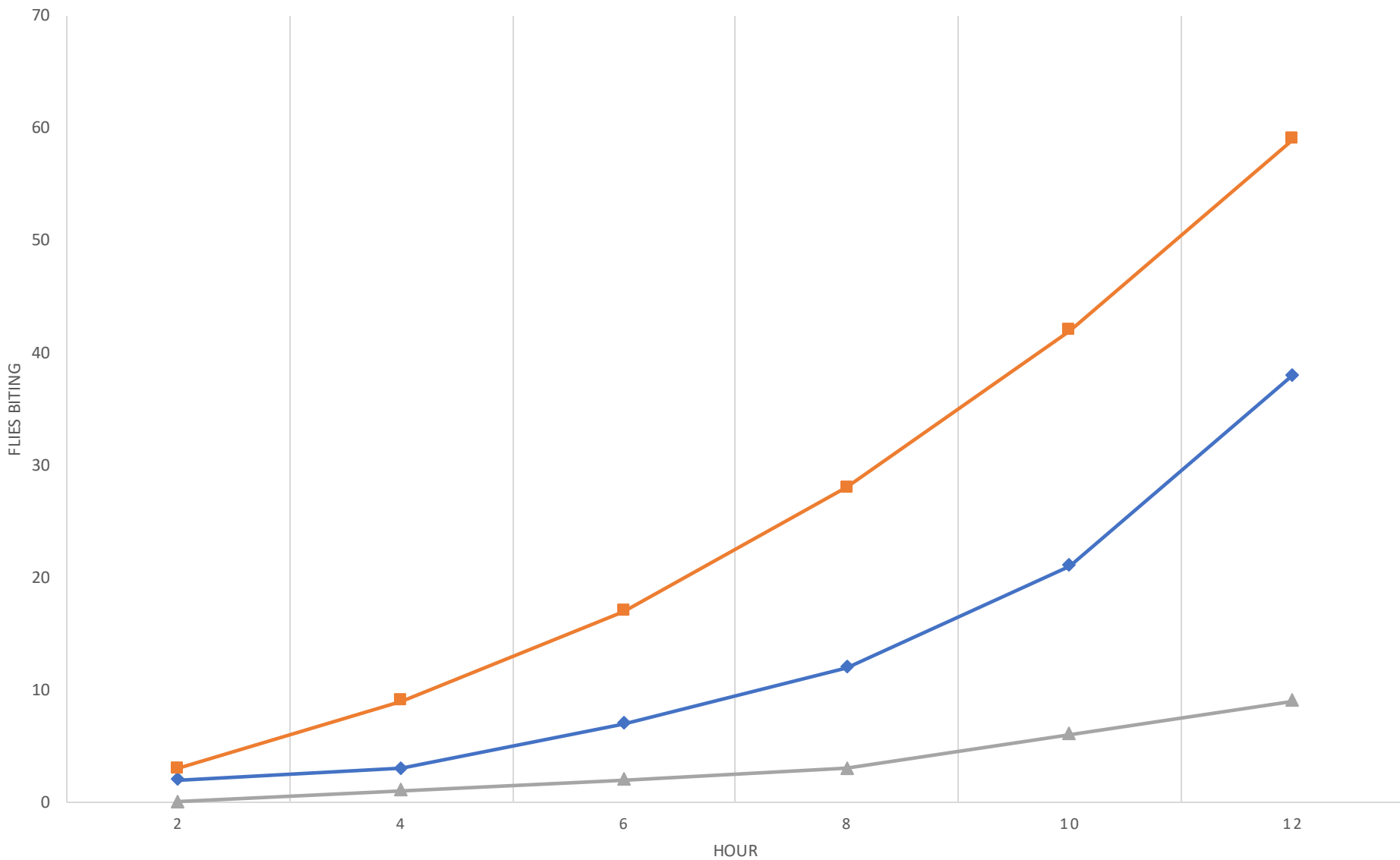
- Old protocol was varied in dosage of repellent
- Experimentation with dosage amount of product [high and low]
- Treatments used:
 - * Picaridin [20%]
 - * DEET [7%, 15%, 25%, 40%]
 - * IR3535 [20%]
 - * Oil of Lemon Eucalyptus [30%]
 - * PMD [10%]
 - * Nothing [control]



Old application method

CUMULATIVE FLIES BITING PER HOUR
5/15/24

◆ DEET ■ UTC ▲ OLE



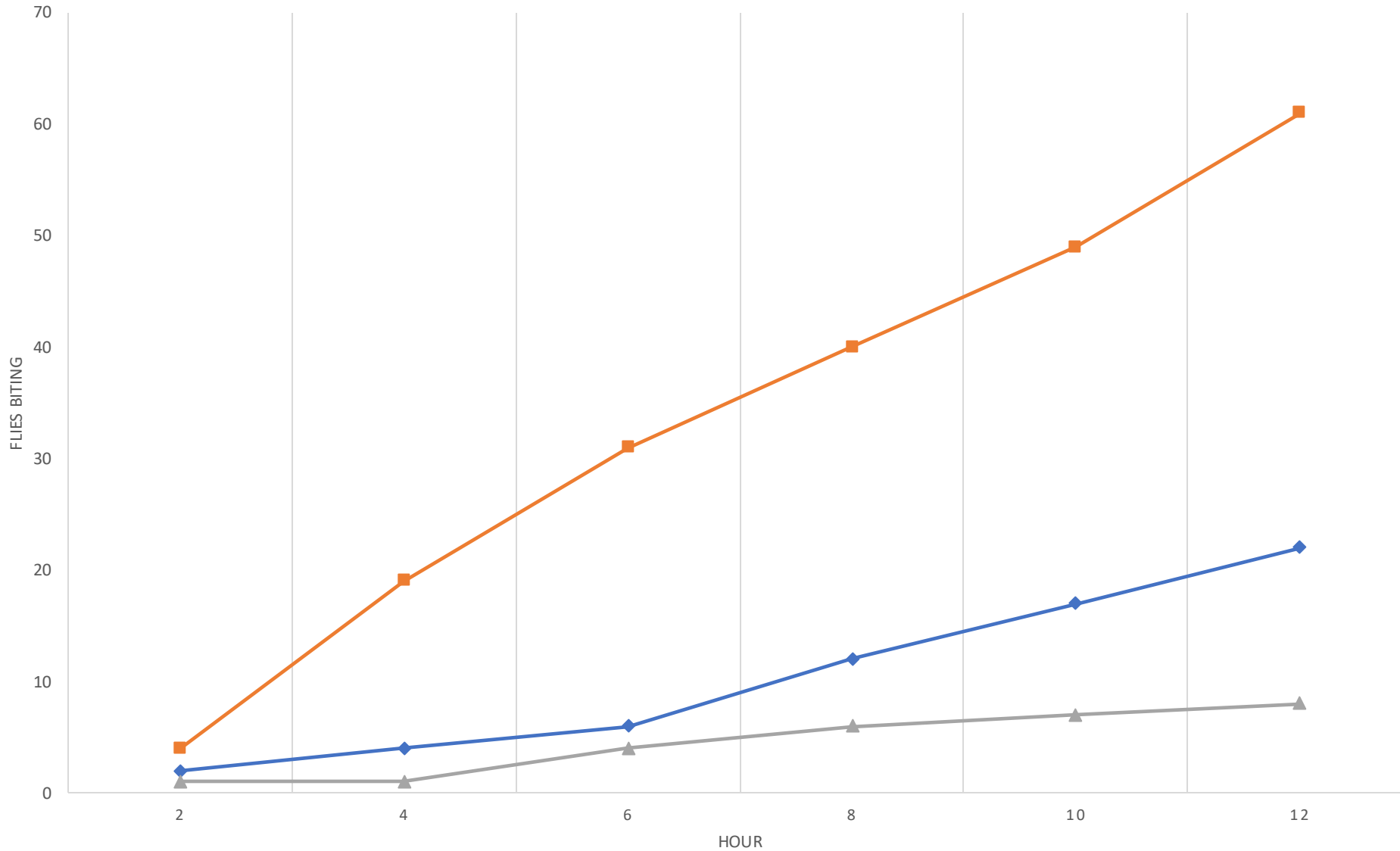
10ul
7% DEET vs 30% OLE

Cumulative Flies Biting			
Hour	7% DEET	UTC	30% OLE
2	2	3	0
4	3	9	1
6	7	17	2
8	12	28	3
10	21	42	6
12	38	59	9

Next step:
Triplicate replication!

CUMULATIVE FLIES BITING PER HOUR 5/22/24

—◆— DEET —■— UTC —▲— OLE

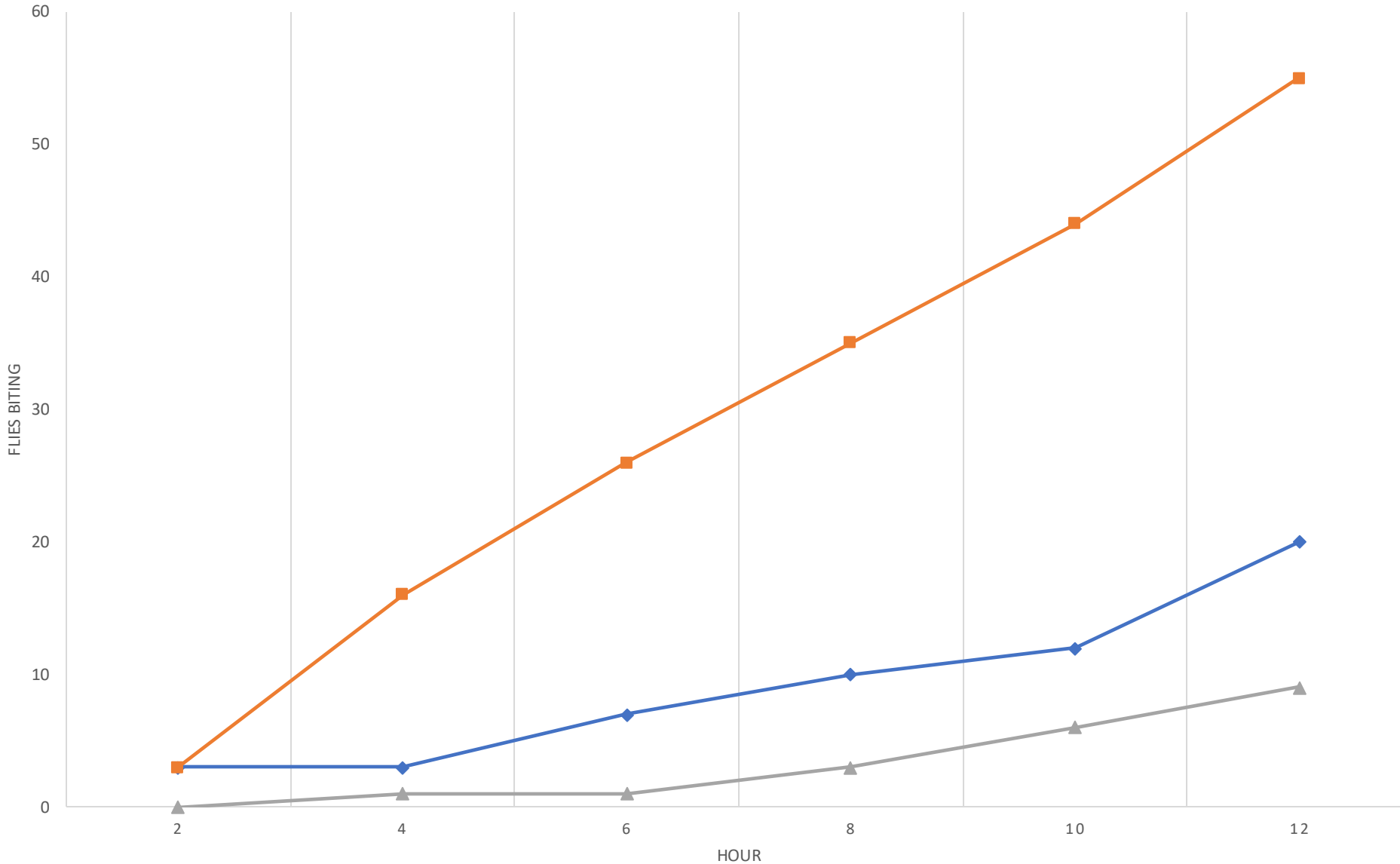


10ul
7% DEET vs 30% OLE

Cumulative Flies Biting			
Hour	7% DEET	UTC	30% OLE
2	2	4	1
4	4	19	1
6	6	31	4
8	12	40	6
10	17	49	7
12	22	61	8

CUMULATIVE FLIES BITING PER HOUR
5/29/24

—◆— DEET —■— UTC —▲— OLE



10ul
7% DEET vs 30% OLE

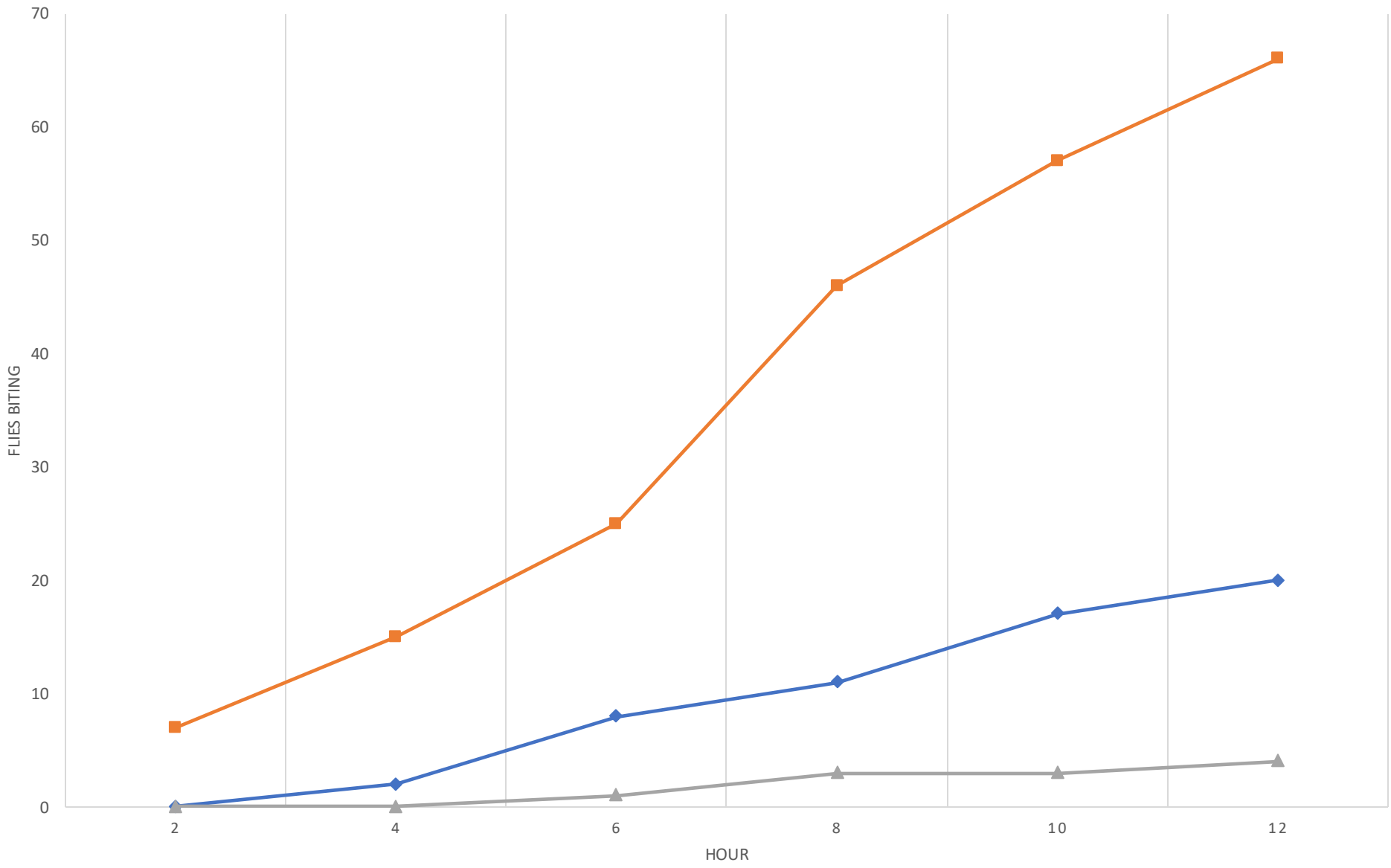
Cumulative Flies Biting

Hour	7% DEET	UTC	30% OLE
2	3	3	0
4	3	16	1
6	7	26	1
8	10	35	3
10	12	44	6
12	20	55	9

Next step:
Failure of OLE

CUMULATIVE FLIES BITING PER HOUR
6/5/24

◆ DEET ■ UTC ▲ OLE

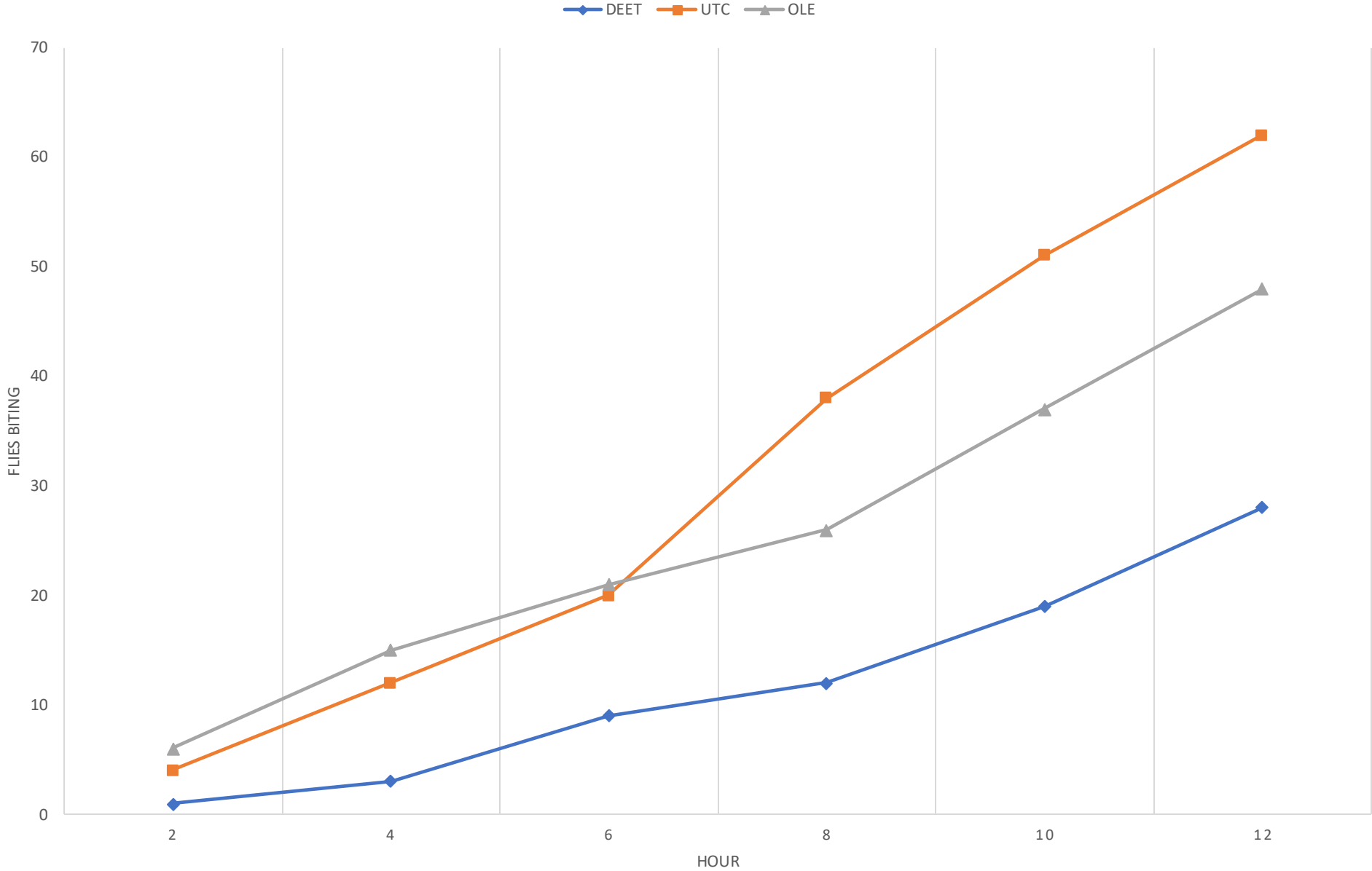


5ul
7% DEET vs 30% OLE

Cumulative Flies Biting			
Hour	7% DEET	UTC	30% OLE
2	0	7	0
4	2	15	0
6	8	25	1
8	11	46	3
10	17	57	3
12	20	66	4

Next step:
Lower dosage

CUMULATIVE FLIES BITING PER HOUR
6/26/24



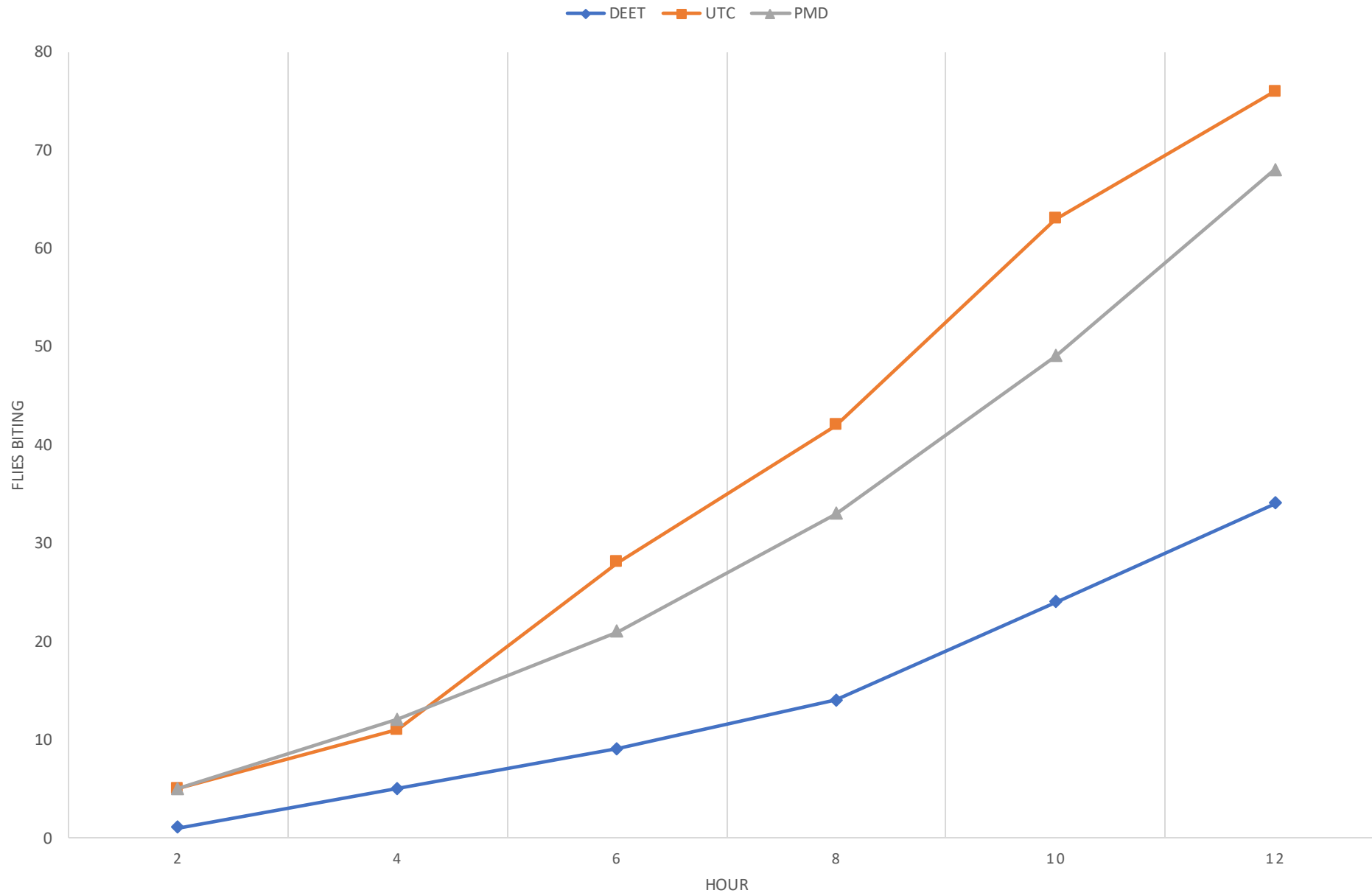
4ul
7% DEET vs 30% OLE

Cumulative Flies Biting

Hour	7% DEET	UTC	30% OLE
2	1	4	6
4	3	12	15
6	9	20	21
8	12	38	26
10	19	51	37
12	28	62	48

Next step:
Back to 5ul/other repellents

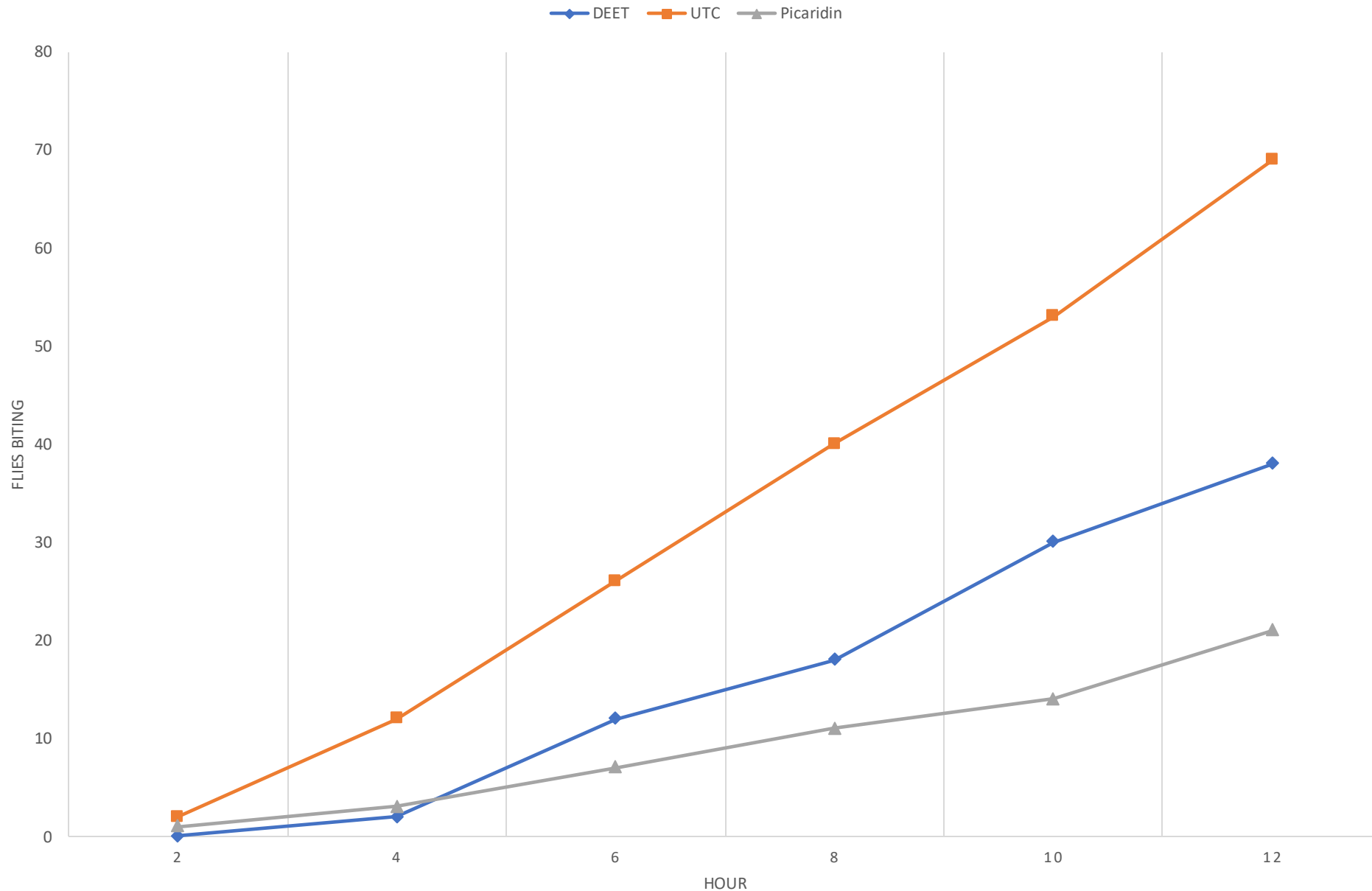
CUMULATIVE FLIES BITING PER HOUR 7/31/24



5ul 7% DEET vs 10% PMD

Cumulative Flies Biting			
Hour	7% DEET	UTC	10% PMD
2	1	5	5
4	5	11	12
6	9	28	21
8	14	42	33
10	24	63	49
12	34	76	68

CUMULATIVE FLIES BITING PER HOUR
8/7/24



5ul
7% DEET vs 20%
Picaridin

Cumulative Flies Biting			
Hour	7% DEET	UTC	20% Picaridin
2	0	2	1
4	2	12	3
6	12	26	7
8	18	40	11
10	30	53	14
12	38	69	21

Next step: DEET standard

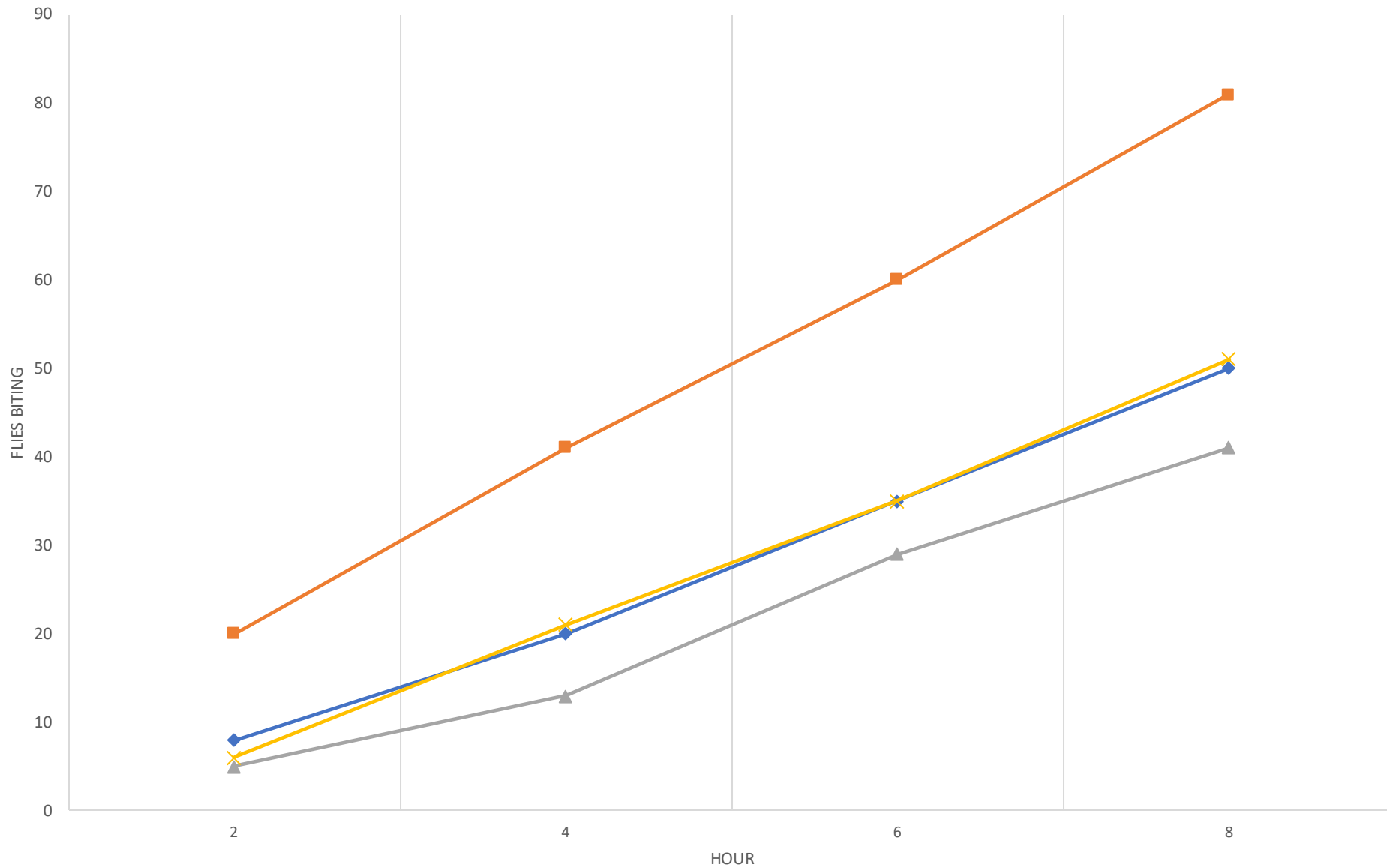
Development II: The Search for a Standard

- Need for a consistent baseline
- How cool would a graph showing an array of DEET concentrations look?
- Addition of 4th bell to use 7%, 15%, 25%, and/or 40%
- Up dosage to account for viscosity of products



CUMULATIVE FLIES BITING PER HOUR
8/14/24

7% DEET UTC 15% DEET 25% DEET



7.5ul
7%, 15%, and 25% DEET

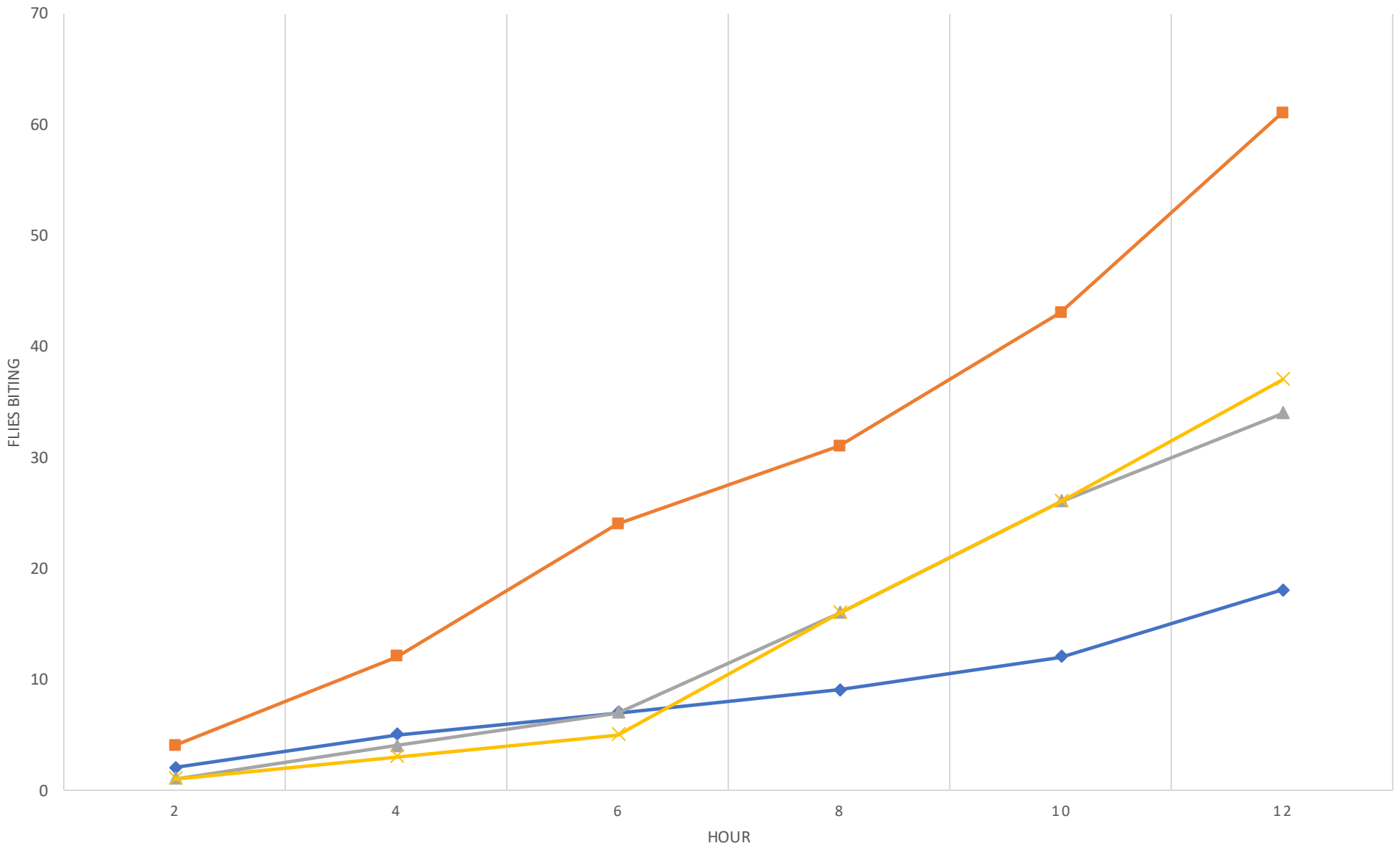
Cumulative Flies Biting				
Hour	7% DEET	UTC	15% DEET	25% DEET
2	8	20	5	6
4	20	41	13	21
6	35	60	29	35
8	50	81	41	51

Ended early due to a latex tear of 25% DEET.

Next step:
 Try again.

CUMULATIVE FLIES BITING PER HOUR
8/28/24

7% DEET UTC 15% DEET 25% DEET



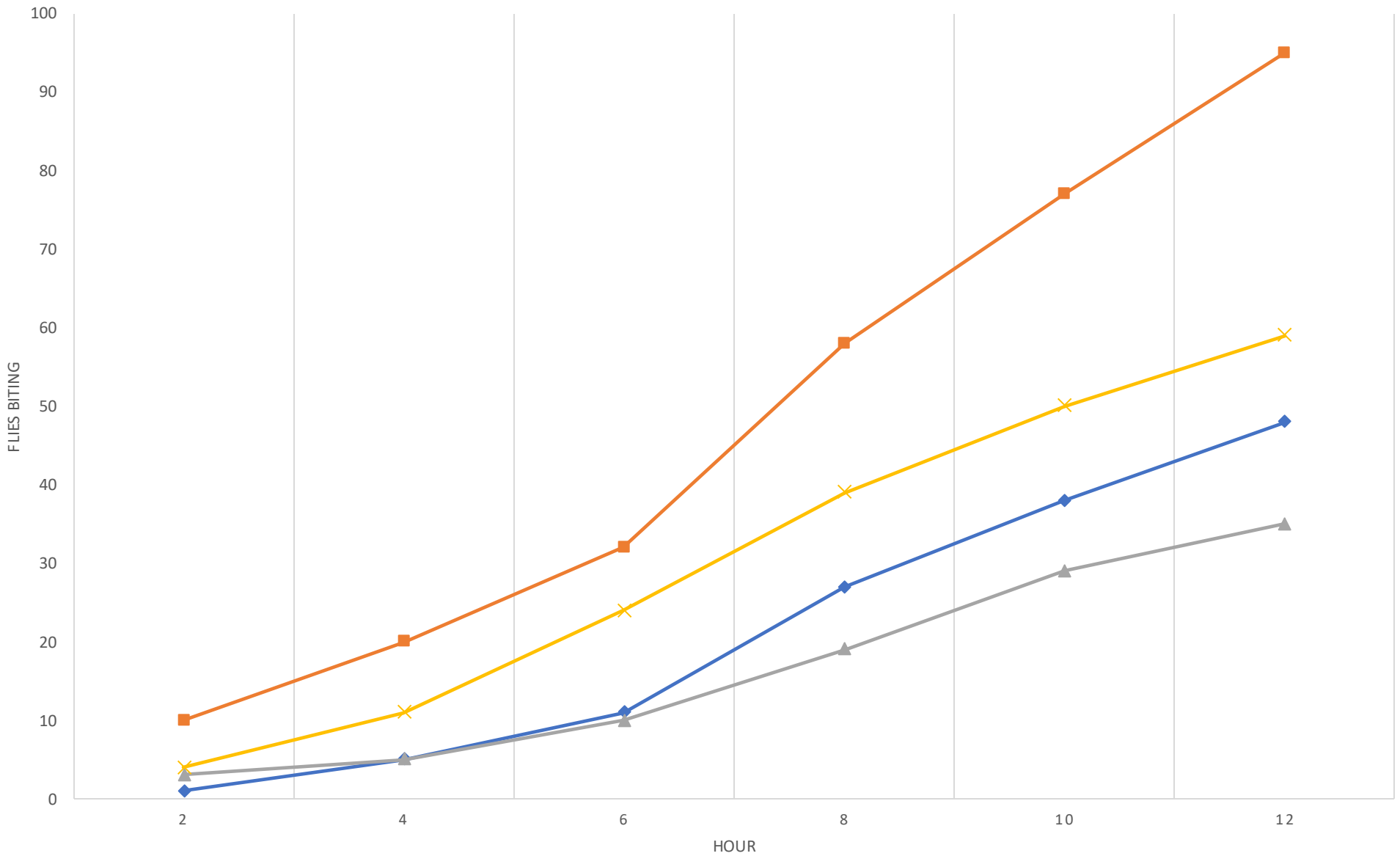
7.5ul
7%, 15%, and 25% DEET

Cumulative Flies Biting				
Hour	7% DEET	UTC	15% DEET	25% DEET
2	2	4	1	1
4	5	12	4	3
6	7	24	7	5
8	9	31	16	16
10	12	43	26	26
12	18	61	34	37

Fly congregation on a section of 25% DEET noted.
 Noncoverage suspected.
 Next step: Try again

CUMULATIVE FLIES BITING PER HOUR 9/4/24

◆ 7% DEET
 ■ UTC
 ▲ 15% DEET
 ✕ 25% DEET



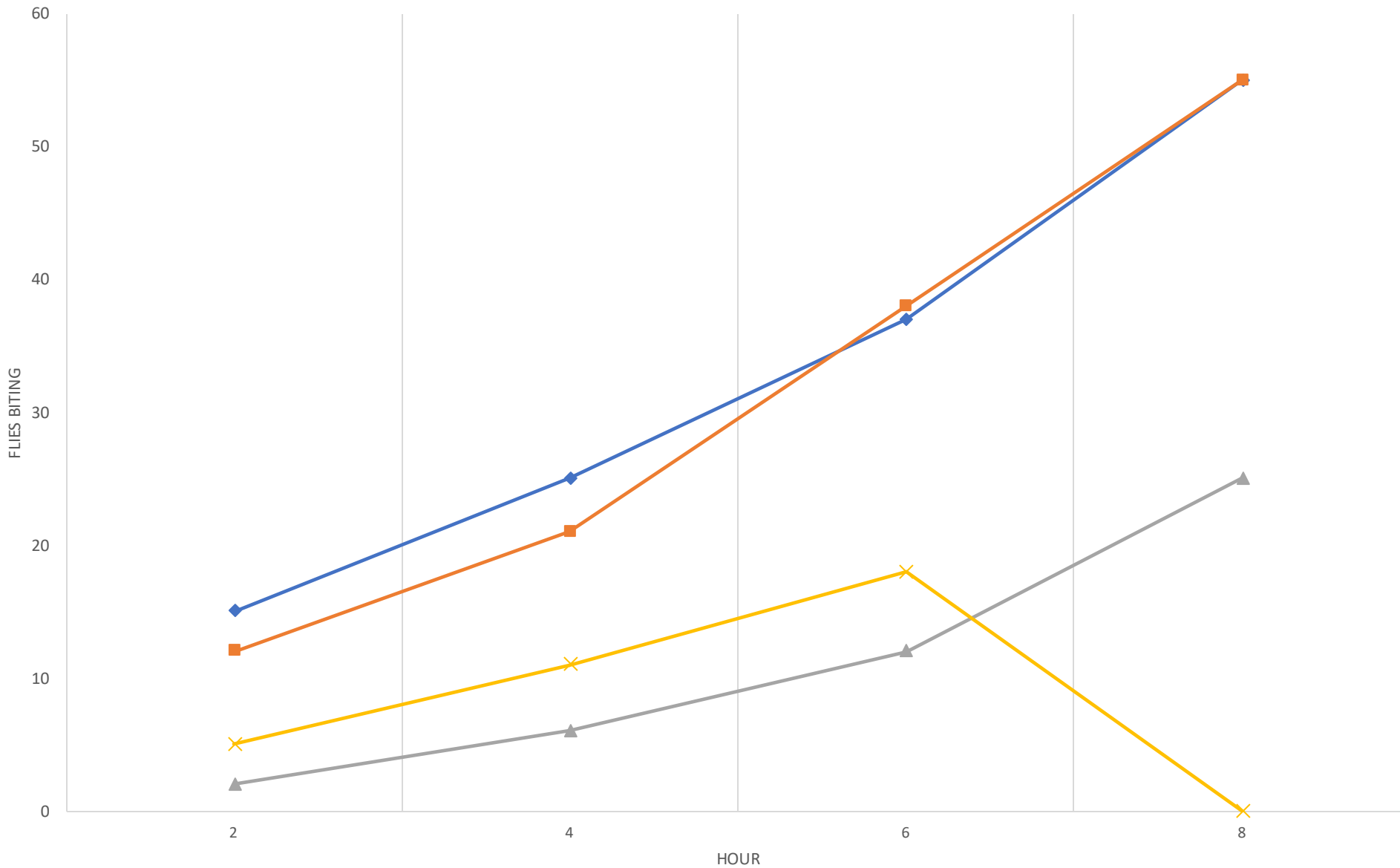
7.5ul
 7%, 15%, and 25% DEET

Cumulative Flies Biting				
Hour	7% DEET	UTC	15% DEET	25% DEET
2	1	10	3	4
4	5	20	5	11
6	11	32	10	24
8	27	58	19	39
10	38	77	29	50
12	48	95	35	59

Next step: Try
 increasing DEET
 concentration [40%].

CUMULATIVE FLIES BITING PER HOUR 9/11/24

◆ 7% DEET
 ■ UTC
 ▲ 25% DEET
 × 40% DEET



10ul
 7%, 25%, and 40%
DEET

Cumulative Flies Biting				
Hour	7% DEET	UTC	25% DEET	40% DEET
2	15	12	2	5
4	25	21	6	11
6	37	38	12	18
8	55	55	25	X

Tear on 40%
membrane,
experiment ended
early.

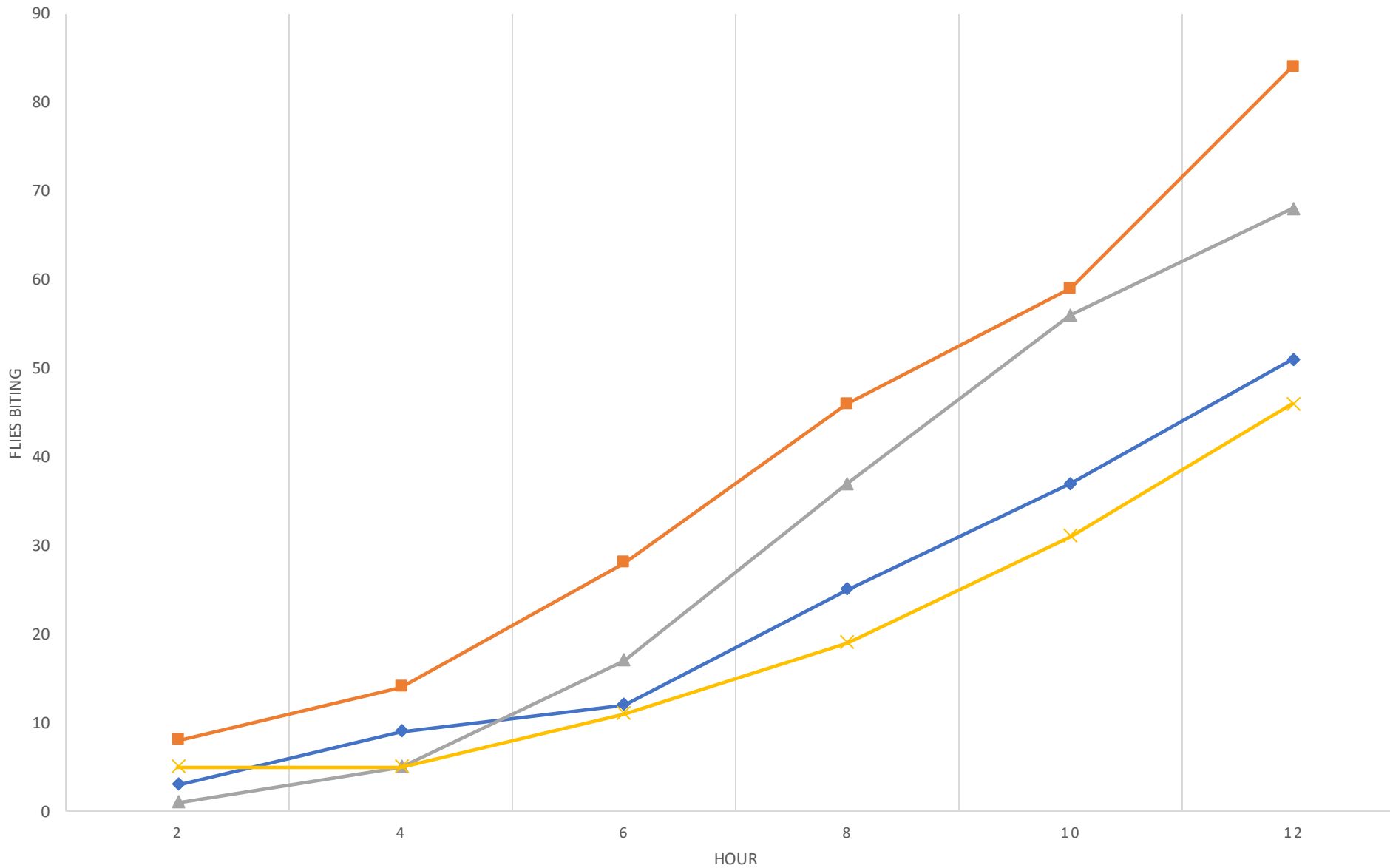
Development III: DEET

“DEET is a plasticizer and must be used with care to prevent damage to plastics, rubber, vinyl, or elastics, including items such as eyeglass frames, plastic lenses and cases, contact lenses, combs, watch crystals, goggles, painted and varnished surfaces, and some synthetic fabrics (nylon is okay).”

(Technical Guide No. 36: Personal Protective Measures Against Insects and Other Arthropods of Military Significance; Defense Pest Management Information Analysis Center (DPMIAC), Armed Forces Pest Management Board (AFPMB): Washington, DC, 2002; pp 21-25.)

CUMULATIVE FLIES BITING PER HOUR 10/2/24

◆ 10% PMD
 ■ UTC
 ▲ 20% Picaradin
 × 20% IR3535



10ul
 10% PMD, 20%
 Picaridin, 20% IR3535

Cumulative Flies Biting				
Hour	10% PMD	UTC	20% Picaradin	20% IR3535
2	3	8	1	5
4	9	14	5	5
6	12	28	17	11
8	25	46	37	19
10	37	59	56	31
12	51	84	68	46

Future Directions

1. Repellent concentrations
2. Other repellent types/formulations
3. Dissections





Thank you!



Questions?



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Products used:

10% PMD – OFF! Botanicals Insect Repellent IV

20% Picaridin – OFF! Clean Feel

20% IR3535 – Zevo On-Body

7% DEET – Cutter Skinsations

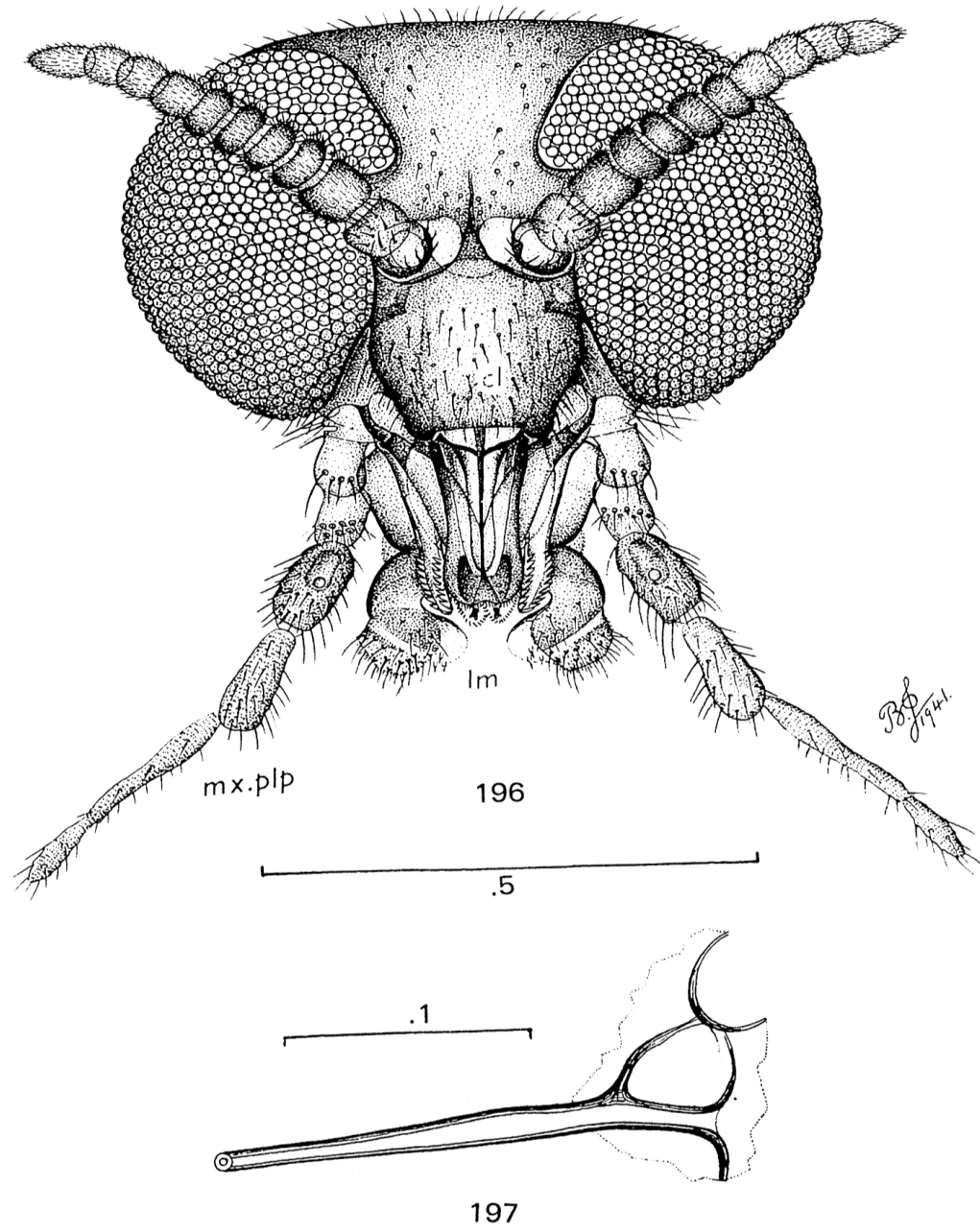
15% DEET – Repel 15%

25% DEET – OFF! Deep Woods

40% DEET – Repel MAX

30% OLE - Repel Plant-Based Lemon Eucalyptus

(6)



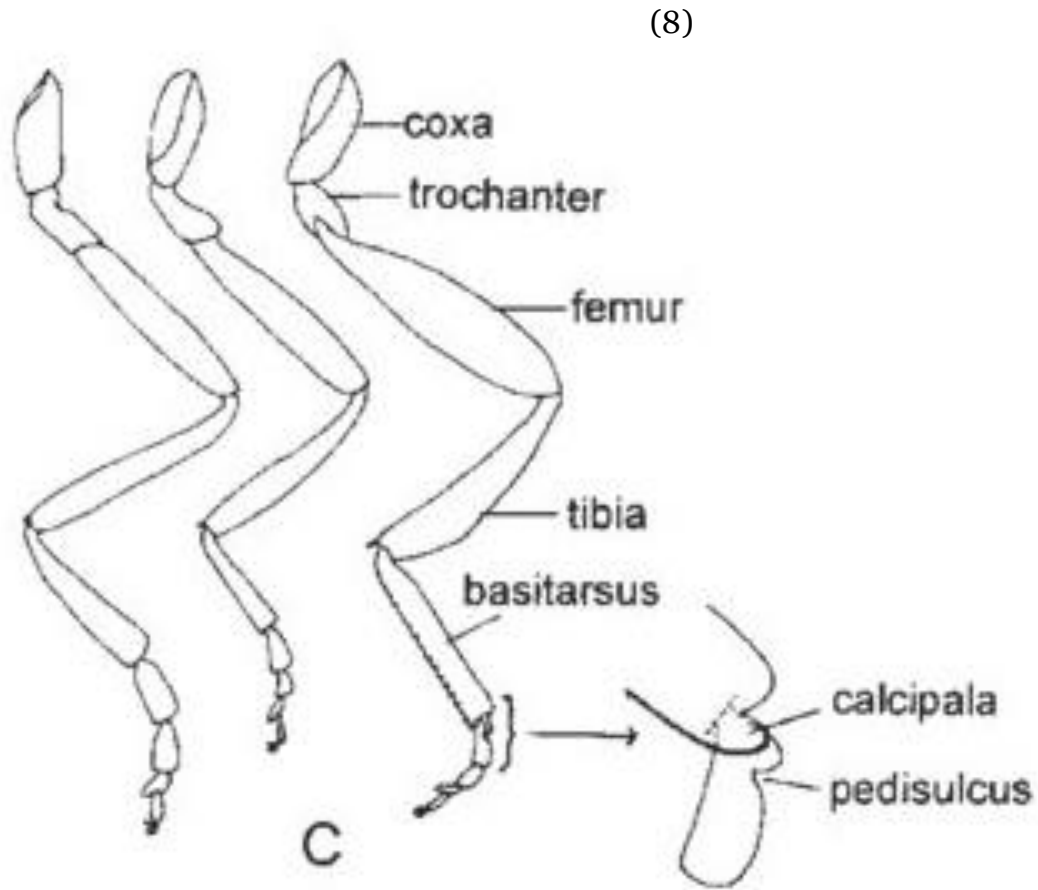
Anatomical Attraction to Hosts in Black Flies: Head

1. Compound eyes for determining visual cues (color and shape)
2. Capitate pegs on palps for detection of CO₂
3. Antennae for detection of host-associated odors (scape, funiculus, styloconic sensilla)

1-3, (7)

Fig 196, 197 *Simulium (Wilhelmia)* sp., ♀. 196, anterior view of head; 197, tentorium of same.


Anatomical Attraction to Hosts in Black Flies: Legs



1. Chaetica on tarsal segments and tibia for contact chemoreception
2. Peg sensilla ventrally on tarsomeres 1-4 for contact chemoreception
3. Bifurcate sensilla on mesothoracic basitarsi for olfaction
4. Sensilla placodea on femur and tibia for olfaction

How do Insect Repellents Work?

- Interference with host attraction cues, primarily chemical and olfactory/gustatory
- EPA approved active ingredients for use on skin:



Safe to apply on skin:

- DEET
- Picaridin
- IR3535
- Oil of lemon eucalyptus (OLE)
- Para-menthane-diol (PMD)

References

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